



**Maidenhead & District Cycling Club**  
www.maidenheadcc.org.uk

## Hilly 30 Time Trial

6th March 2022

Promoted for and on behalf of Cycling Time Trials  
under their Rules & Regulations

### Event Secretary

Andrew Payne  
43 Birdwood Road  
Maidenhead  
SL6 5AP  
07782-311-830

### Timekeeper

Andrew Small

### Headquarters

Lane End Youth & Community  
Centre  
Edmonds Road, Lane End  
HP14 3EJ

### Course Records

**Men :** Ollie Hucks (2020) 1:03:29

**Women :** Lauren Davies (2020) 1:14:56

### Prize List

#### Fastest Overall

First £10, Second £5

#### Fastest Espoir/Junior/Juvenile

First £10

#### Fastest Lady

First £10, Second £5

#### New Course Record

Men, Women £20

Fastest 2-up £10

## IMPORTANT - PLEASE READ

**It is now mandatory to have a working FRONT & REAR light fitted to your bike. Without a light you will not be allowed to start.**

**It is also mandatory to wear a HELMET. Without this you will not be allowed to start.**

**Please note that all riders must sign out at the end of the event as well as at the start. Failure to do so will result in a DNF.**

**There will be no pusher off and although there are no specific COVID restrictions ideally everyone should tray and maintain a sensible distance.**

**Limited refreshments will be available but prizes will not be awarded on the day.**

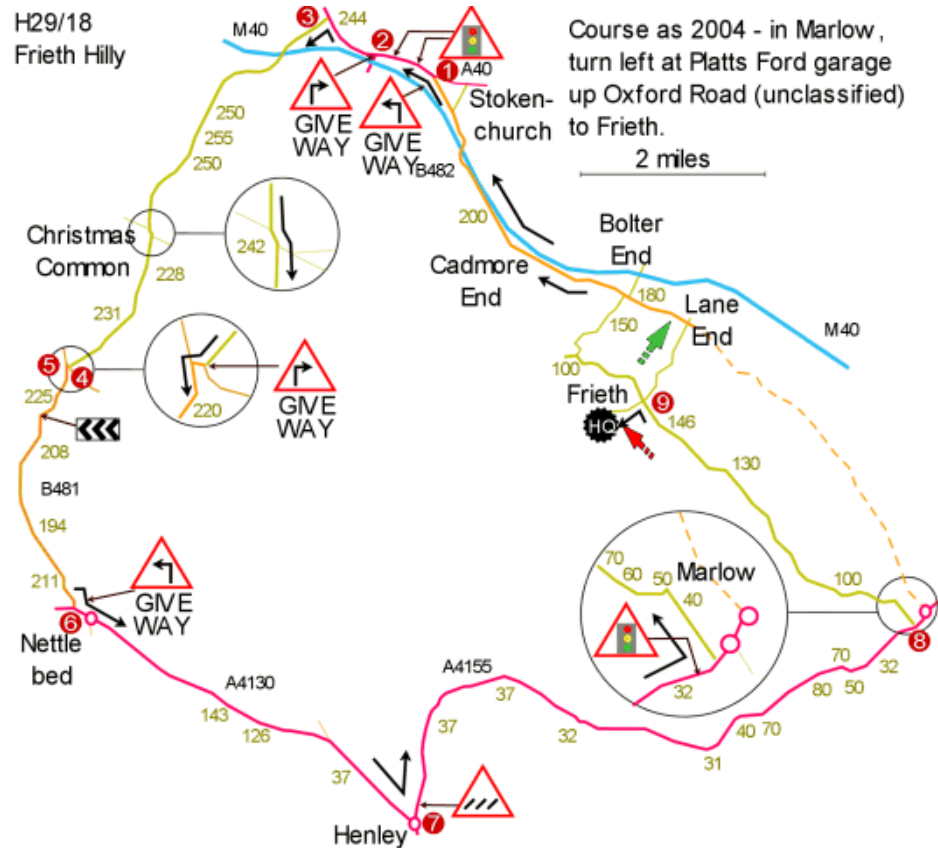
## 2-Up Start Order

No	Name	Club	Start Time
1	Barry Keane	Podium Addict	09:31
	James Watts	Podium Addict	
3	Ben Richardson	Team Milton Keynes	09:33
	Garfield Hall	Woolwich CC	
5	Stan Nwaka	Verulam CC	09:35
	Nicholas Coe	Verulam CC	
7	Leanne Thompson	Podium Addict	09:37
	Emily Andruszko	Podium Addict	
9	Chris Bartley	AS Test Team	09:39
	Dave Currie	AS Test Team	

## Solo Start Order

No	Name	Club	Start Time
12	Robert Durnford	Paceline RT	09:42
13	Pascal Giret	Maidenhead & District CC	09:43
14	Gary Evans	Charlottesville Cycling Club	09:44
15	Ben Payne	Maidenhead & District CC	09:45
16	John Mulvey	UpShift Nutrition Race Team	09:46
17	Tim Seddon	G.S. Henley	09:47
18	Sebastian Harrison	Islington Cycling Club	09:48
19	George Turner	VTTA (London & Home Counties)	09:49
20	Pat Wright	Paceline RT	09:50
21	Michael Parker	TMG Horizon Cycling Team	09:51
22	Peter Oliver	ZeroBC Race Team	09:52
23	Kate Allan	Team Bottrill	09:53
24	Chris Pressdee	HuntBikeWheels.com	09:54
25	Anastasia Bowler	AS Test Team	09:55
26	Andrew Payne	Maidenhead & District CC	09:56
27	Ollie Hucks	Saint Piran	09:57

## Course Details



## Location of Sign-on and Numbers

Competitors must sign on and collect their numbers from the Lane End Youth & Community Centre from 07:30 AM onwards.

## Restriction of Parking at Start and Finish

No vehicles, except those of the timekeepers to be parked at the start or finish.

## Emergency Phone Number

Phone 07958-555-633 if you need assistance during the event.

## Courtesy to Residents

To ensure our continued support for this venue please do not use turbo trainers that are likely to disturb residents. Please show courtesy to pedestrians and other road users while cycling and driving.

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OS Ref.	Description	Dist
806918	START on B482 approx 200 yards past the Cadmore End side of the Frieth crossroads in lay-by of Culver Graphics opposite lamp post no. 4.	0
	Proceed north to the junction with A40 at Stokenchurch. (M1)	4
	Turn left & continue to the junction with M40(J5). Turn right just before bridge over M40 (M2) onto old A40.	4.5
	Proceed to junction with minor road to Christmas Common. (M3)	5
	Turn left & continue through Christmas Common to junction with B480. (M4)	8.5
	Turn right and immediately left (M5) onto the B481. Proceed via Cookley Green to Nettlebed. (M6)	12.7
	Turn left onto A4130. Straight on at roundabout to junction with the A4155 at Henley. (M7)	18
	Turn left & continue through Medmenham to Marlow. (M8)	25
	At Ford garage turn left up Oxford Road and continue uphill to Frieth crossroads. (M9)	29
	Turn left to FINISH near Frieth Village Hall.	29.50